

Name of religion: Buddhism

Name of people who study religion: Buddhists

Founder of religion: Dalai
Lama

Place of worship: Buddhist
Temple



This is our local Buddhist
Temple – Fat Yue Temple



Buddhist
festivals

Vesak

Buddha's birth,
enlightenment
and death



Uposatha

Renewing their
commitment



Trips and
visitors

Visiting a
Buddhist
temple

Key knowledge for this unit

- ☛ The third Noble Truth teaches us that escape from "suffering" (dukkha) is possible by extinguishing "craving" (Tanha) from one's life.
- ☛ People may have desires such as wealth, fame and power but Buddhism teaches us that craving these things prevents us from ever being fulfilled and happy with life.
- ☛ The fourth Noble Truth is known as the "Eightfold Path" and by following this, individuals may achieve enlightenment.
- ☛ To follow the "Eightfold Path", an individual must adopt eight principles, three of which are Right Speech, Right Action and Right Livelihood.
- ☛ Right Speech means not lying, not using insulting or offending words and speaking with politeness. Story link: "The Buddha and the Angry Man".
- ☛ Right Action means not causing pain or injury and being patient. Story link: "Siddhartha and the Wounded Swan"
- ☛ Right Livelihood means work that doesn't cause suffering to others and doesn't require a person to be dishonest.
- ☛ Whether wealth, fame, power, celebrity, and possessions are necessary or a hindrance to living a fulfilled and happy life.

Vocabulary you will use:

Word	Definition
Dukkha	Spiritual suffering
Tanha	To crave
Eightfold Path	A set of eight practices which Buddhism teaches provides a path to liberation from rebirth
Right Action	Not causing pain or suffering to another living creature
Right Livelihood	Not earning one's living in a way that would harm others,
Right Speech	Always being truthful.

Stories

"The Buddha and the Angry Man" "The Buddha and the Wounded Swan" "The story of Siddhartha Gautama's Enlightenment"

Artefacts



"Wheel of Dharma"

Questions we'll ask you throughout the unit to check your knowledge and understanding.

What can you achieve by following the 'Eightfold Path'?

What are the similarities and differences between suffering and dukkha?

What does Right Speech, Right Action and Right Livelihood mean?

Are desires such as wealth, fame, power, and possessions a hindrance or are they necessary? Explain and prove your answer.