

**Name of religion:** Buddhism

**Name of people who study religion:** Buddhists.

**Founder of religion:** Dalai  
Lama

**Place of worship:** Buddhist  
Temple



This is our local Buddhist  
Temple – Fat Yue Temple



Buddhist  
festivals

**Vesak**

Buddha's birth,  
enlightenment  
and death



**Uposatha**

Renewing their  
commitment



### Key knowledge for this unit

- ☯ Buddhists believe "rebirth" involves the belief that when we die, our actions in this life give rise to a new existence. This is called the "cycle of rebirth".
- ☯ Buddhists believe that "karma" is that all intentional actions that are good or bad give rise to consequences in the next life and karma is a naturally occurring process which is not a judgement made by God.
- ☯ Buddhists believe that rebirth only ends when a person extinguishes within themselves craving and achieves the spiritual goal of Buddhism which is 'Nirvana'.
- ☯ Some Buddhists believe Nirvana is a real place gained by those who achieve enlightenment, while some Buddhists take the view that Nirvana is a state of mind and not a physical place.
- ☯ Some Buddhists believe Nirvana is flawless, a place or state of mind where there is the highest possible experiences of calmness, serenity, happiness, and contentment.

### Vocabulary you will use:

Word

Definition

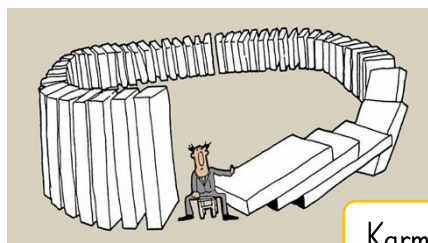
Karma

A natural process not based on the will of a God. The good or bad karma we create in life will have good or bad consequences.

Nirvana

Some believe it's a physical place and others think it is a 'state of mind' It is only attained when one is released from the cycle of rebirths.

### Artefacts



Karma



Nirvana

Questions we'll ask you  
throughout the unit to  
check your knowledge  
and understanding.

What is the  
cycle of  
"rebirth"?

What are the  
different  
views  
Buddhists  
have on  
"Nirvana"?

How does  
"Nirvana" motivate  
and inspire  
Buddhists to  
follow Buddhism?

How is the principle  
of "Karma" similar  
to beliefs taught by  
other religions?