# Year 2 Autumn Term

# Animals including humans



## Prior knowledge learned in year 1

identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals - identify and name a variety of common animals that are carnivores, herbivores and omnivores - describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals including pets) - identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.

## National Curriculum for year 2

notice that animals, including humans, have offspring which grow into adults - find out about and describe the basic needs of animals, including humans, for survival (water, food and air) - describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

### What you should already know...



- Animals are living things which need food and water to live.
- -Animals can be split into different groups
   mammals, reptiles, birds, fish and
   amphibians. They have different
   structures to fit their needs.
- -Some animals are carnivores (meat eaters), some are herbivores (eat plants) & some are omnivores (eat both).
- Animals use their senses to experience the world around them.

### Reproduction



-For example, mammals give birth to live young, whilst fish lay eggs.

-All of these offereing must receive the ba-

have offspring (e.g. humans have babies).

-All animals reproduce. This means that they

- -All of these offspring must receive the basic needs of animals (below on the left) to grow into adults.
- -When they are fully grown, they can also reproduce. And so, life goes on!

#### **Basic Needs of Animals**

#### Water

-Animals need <u>water</u> to make sure that they stay <u>hydrated</u>.

- -Many animals drink water to survive. Other animals (e.g. fish) live in the water.
- -Some animals get their oxygen from the water. Humans are made up of 70% water.

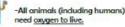
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#### Food

-Animals use food to get the energy & nutrients that they need.

 -Animals eat plants (herbivores), other animals (carnivores), or both (omnivores).





-Oxygen exists in the air, in the soil, and even in the water. Fish breathe oxygen through gills

#### Shelter

-Shelter provides <u>safety from</u> <u>weather/ predators</u> and basic things that an animal needs to survive.

Burrows, nests and dens are some examples

#### Temperature

-Sunlight and heat are vitally important to all animals. This gives animals the energy that they need.

ome animals need more heat than other

#### Staying Healthy

#### Exerci

-Humans (and many other animals) need to exercise, It builds our muscles and helps to pump blood around our body. Regular exercise makes us stronger and faster.

 -Exercise also helps to keep our weight down. When we are too heavy and have too much fat, it is much harder to move, and puts a strain on our bodies.

## Eating a Balanced Diet

-It is also important that humans eat a <u>balanced diet</u> with all of the righ <u>nutrients</u> – this helps us to grow bigger, stronger and healthier!

-Eating a balanced diet includes having fruit & vegetables, starchy foods such as breads and pastas, meats and fish (and other alternatives) and foods containing fats.

## Hygiene



-lt is important to be <u>hygienic</u>. This includes regularly washing our hair and bodies, washing hands before eating and brushing our teeth.

Being hygienic stops the spread of germs, which can cause diseases.

## Key vocabulary

Survival, Water, Air, Food,

Elderly, Adult, Teenager, Child, baby, Offspring, Growth, Kitten, Calf, Puppy, lava, Pupa, Chrysalis Female, Male,

Exercise, Hygiene

## Suggested texts

Why can't humans fly?

What is the importance of exercise for health?

What does of fspring mean?

What do animals need in order to survive?

How can we stay healthy?

## Scientists

- Florence Nightingale Pioneer of modern nursing in GB
- Elizabeth Garrett Anderson First
   British remale physician and surgeon
- Steve Irwin -Wildlige expert

Robert Winston Human Scientist

Animal Life Stages











