



### Life at Lutley

Christmas has commenced in school with Nativity rehearsals and singing of carols, while the children learn about the story of Christmas.

Our school has been covered in a white blanket of snow this week. Thank you for getting the children to school safely, while the school remained open.

### Reading at Home



Please can you hear your child read each night and record this in your child's pupil planner. We recommend using the reading questions at the front of your child's planner as a way to develop book chat with your child.

### Important Dates Coming Up

#### November 2024

Tuesday 26<sup>th</sup> November – 2TF Inspire Workshop at 9:15am  
 Tuesday 26<sup>th</sup> November – RHH Parent Lunch 11:30am – 12:10pm  
 Wednesday 27<sup>th</sup> November – 2KR Inspire Workshop at 9:15am  
 Wednesday 27<sup>th</sup> November – RJG Parent Lunch 11:30am – 12:10pm  
 Thursday 28<sup>th</sup> November – 2LO Inspire Workshop at 9:15am and 2LO Forest School

#### December 2024

Tuesday 3<sup>rd</sup> December - Year 2 Carol Service at the church – 9:30am and 1KH Parent Lunch - 11:30 – 12:10  
 Wednesday 4<sup>th</sup> December – 1LI Parent Lunch – 11:30 – 12:10  
 Thursday 5<sup>th</sup> December – 1SB Parent Lunch – 11:30 – 12:10  
 Friday 6<sup>th</sup> December - Year 3 Carol service at the church – 9:30am  
 Tuesday 10<sup>th</sup> December – RJG Nativity at Forest School - 9:30am  
 Wednesday 11<sup>th</sup> December – RHH Nativity at Forest School - 9:30am  
 Friday 13<sup>th</sup> December - Year 1 Nativity - 9.30am  
 Monday 16<sup>th</sup> December – Mini Market and Forest School volunteers and their children – ‘Thank You’ session  
 Monday 16<sup>th</sup> December – EYFS and Year 1 disco  
 Tuesday 17<sup>th</sup> December – Year 5 and 6 disco  
 Wednesday 18<sup>th</sup> December - Christmas jumper day, Christmas lunch day, ABC afternoon and Year 2, 3 and 4 disco  
 Friday 20<sup>th</sup> December - Toy Day and last day of term – day ends at 2pm

### Learning

#### Attendance

18<sup>th</sup> – 22<sup>nd</sup> November 2024

Class	%	Class	%	Class	%
RJG	97.62	RHH	97.27		
1KH	83.08	1LI	89.07	1SB	90.00
2KR	98.00	2LO	97.67	2TF	97.00
3EG	97.50	3AC	89.26	3ES	95.52
4GO	91.29	4KM	95.17	4LH	99.33
5LO	95.81	5ZB	95.52	5SM	99.33
6BR	91.56	6EG	95.67	6AO	94.52

### Worker of the Week 22<sup>nd</sup> November 2024

Class	Name	Class	Name	Class	Name
RJG	Teddy L Gracie-May S	RHH	Teddy H Ilana R		
1KH	Leo S	1LI	Theya- Joyce N	1SB	Emmett H
2TF	Tobias W	2KR	Reuben W	2LO	Albie F
3EG	Hunter H-M	3AC	Ava B	3ES	Ella B-W
4GO	Georgia K	4KM	Chloe T	4LH	Ethan T
5LO	Hudson D	5ZB	Ebony T	5SM	Lana S
6BR	Teegan C	6EG	Aoife R	6AO	Darcey T



## Learning

### After School Clubs

This term, children have enjoyed a wide range of after school clubs such as football, multisport, dance, science club, rugby, netball, choir and Kombat kids. Our sporting clubs will continue throughout the year and you will soon receive a club overview for the spring term.

Here is a reminder for the contact details if you would like to sign your child up:

- Your Sports football and girls' football, netball, and multi-sports can be booked directly with Your Sports on [your.sport@yahoo.co.uk](mailto:your.sport@yahoo.co.uk).
- Dance can be booked directly with Lynne on 07805227952.
- Karate can be booked directly with [info@kombatkids.com](mailto:info@kombatkids.com).
- Rugby can be booked directly with [mini.juniors@oldhalesoniansrfc.com](mailto:mini.juniors@oldhalesoniansrfc.com)

### Trips and Visits

We are excited about the upcoming trips and visits linked to our school curriculum:

**EYFS** – Walk around the local area

**Year 1** – British Ironwork Centre

**Year 2** – Carol Service and Hindu Temple

**Year 3** – Carol Service

**Year 4** – St Margaret's Church

**Year 5** - Ironbridge

**Year 6** - St Margaret's Church

### Team Lutley!

On Monday 11<sup>th</sup> November, 9 Year 5 and 6 boys represented the school in the 'Your Sport Football League' and took part in the first round of fixtures.

In the first game against St Kenelms, the boys were victorious by a scoreline of 2-0 thanks to goals from Will and Harry. The winning mentality continued into the second game, which was against Olive Hill, as the boys were victorious by a 1-0 scoreline thanks to Jacob's goal.

During the evening, the boys portrayed the school's value of 'Togetherness' by working incredibly well as a team, displaying high levels of sportsmanship towards the opposition and respecting the officials.

Well done Team Lutley and keep aiming high - we can't wait to see how far you can go!



### Get ready for the Winter Cup!



Winter Cup starts 10th  
November!

It's that time of year!

CENTURY's Winter Cup will be running from 10th November – 8th December 2024. To help promote learning on CENTURY and increase your child's chance of winning the trophy, please support your child to complete their weekly nuggets. We will also be promoting this in school.

Well done to all classes for usage between 96% and 100%.

Well done to 3ES, 4KM, 6BR and 5LO for great results over the last week. Congratulations to our star class 6EG for over 193,000 coins earned!



Each week, we will share a useful parent guide on a range of online safety topics. These are also available free to you if you sign up to National Online Safety. Keep your children safe by staying up to date! Also, take a look at <https://parentzone.org.uk/> for more.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to help guide their conversations about and on safety with their children. Should they feel it is needed, this guide focuses on one of many topics which we believe trusted adults should be aware of. Please visit [parentzone.org.uk](https://parentzone.org.uk/) for further guides, links and tips for adults.

# SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

## A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

### 1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



### 2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, so make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



### 3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



### 4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



### 5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



### 6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



### 7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example), it's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



### 8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



### 9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



### 10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomsscrolling' and risking becoming overwhelmed by bad news.



### 11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always talk to you or a trusted adult if something they see makes them feel uneasy.



### 12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It's essential that children understand that they're not alone, and that help is available if and when they need it.



### Meet Our Expert

Cayley Jepsen is the director of FaceUp Youth Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.

